



2025-2027 Community Needs Assessment
and Implementation Plan

CT Behavioral Health Hospital
One Abrahms Boulevard
West Hartford, CT 06117

Adopted by the Board of Directors

Introduction

Hebrew Senior Care has evolved to meet the needs of each generation of older adults in the Greater Hartford area and throughout Connecticut for over 120 years. Older adults can receive comprehensive behavioral health treatment from a dedicated team of healthcare professionals who are passionate about advancing senior health and wellness. Hebrew Senior Care offers a variety of services to the senior population including geriatric inpatient psychiatric hospital services (for ages 50 and above), a medical-model adult/senior day center (ADC) program (for ages 60 and above), and an outpatient physician practice specializing in cognitive assessments.

Our Mission, Vision, and Values are as follows:

Mission

At Hebrew Senior Care, our mission is to provide a comprehensive range of exceptional healthcare and aging services that honor the individuality of every person we serve. We are committed to delivering compassionate, person-centered care that meets the physical, emotional, and spiritual needs of our patients, residents, and their families. Through our dedication to excellence and personalized attention, we strive to enhance the quality of life and promote dignity, comfort, and well-being for all.

Vision

Our vision is to be recognized as the preferred healthcare provider across all the programs and services we offer. We aim to set the standard for excellence in senior care through innovation, quality, and compassion. By fostering trust, building lasting relationships, and continuously improving our services, Hebrew Senior Care aspires to be the first choice for individuals and families seeking outstanding care and support throughout the aging journey.

Values

At the heart of Hebrew Senior Care are the values that guide our daily actions and define who we are. We lead with *Caring*, showing empathy and compassion in every interaction. We practice *Transparency*, communicating with honesty, clarity, and accountability to build trust. We uphold *Integrity*, always doing what is right and treating others with respect. We embrace *Accountability*, taking ownership of our actions and responsibilities. Finally, we celebrate *Diversity and Inclusion*, valuing the uniqueness of every individual and fostering an environment where everyone feels welcomed, respected, and valued.

In an ongoing effort to meet the needs of our community and ensure compliance with regulatory requirements, Hebrew Senior Care conducts a periodic community needs assessment.

Community Needs Assessment Process and Methods

A review of the AdvanceCT website (October 2025) revealed the demographics of West Hartford, CT. The percentage of the West Hartford residents that are 50 years of age or older is 38%. The percentage of CT state residents over 50 years of age is 39%. (See figure 1).

From AdvanceCT Town Profiles October 2025:

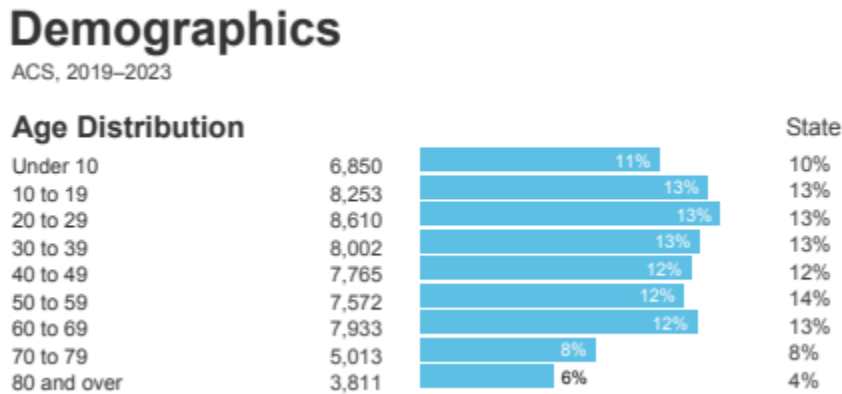


Figure 1

Hebrew Senior Care conducted an assessment questionnaire to gain insight into meeting the behavioral health needs of seniors in our local community. This questionnaire was given to patients, families, and healthcare professionals. The questionnaire was submitted through Constant Contact emails, as well as posted on Hebrew Senior Care’s Facebook page. Questions included demographic information, health behaviors, and medical care and services. A free-text section was also included should the respondent wish to provide any additional information. Thirty-two responses to this questionnaire were received.

Community Needs Identified

The prioritized results of the survey included concerns regarding access to behavioral health services for seniors, caregiver fatigue, and the availability of adult day center services. (See figure 2). Concerns regarding federal cuts and the nursing shortage (with subsequent impact on available services) were shared in the free-text section of the questionnaire. Hebrew Senior Care ensures access to behavioral health services in the behavioral health hospital, in the senior day center program, and in the outpatient physician practice. Access to these services is in alignment with our vision to be the first choice for individuals and families seeking outstanding care and support throughout the aging journey.

The focus of our plan will be on availability of adult day center services, which will help reduce caregiver fatigue, and concerns regarding the nursing shortage.

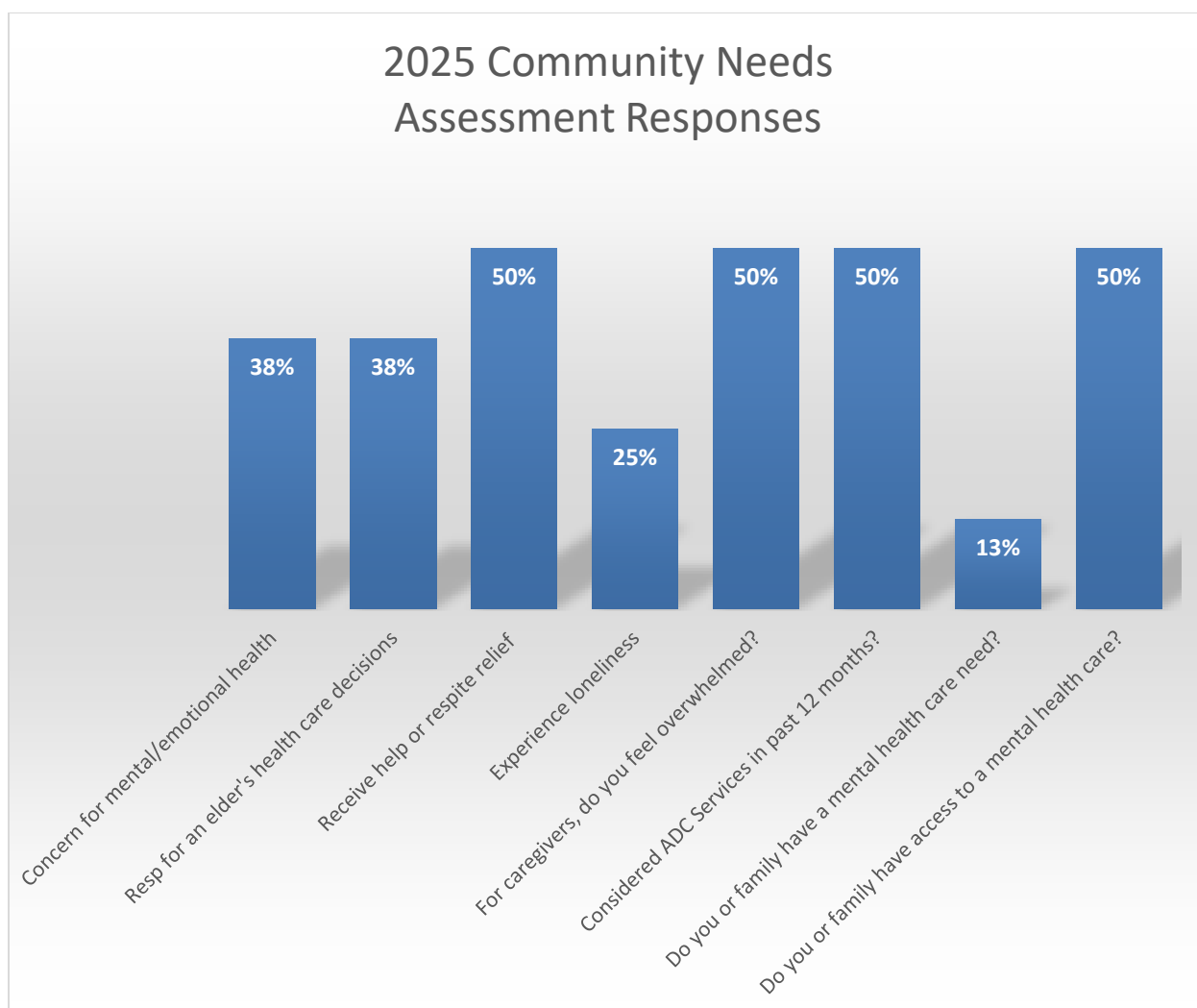


Figure 2

Availability of Adult Day Center Services

The Hebrew Senior Care Adult Day Center is open Monday through Friday from 8 am to 4 pm. Participants can attend from one to five days per week for a full or half day. Extended hours are available upon request to meet the needs of both the participant and caregiver. This center is a certified medical-model senior day program offering high-quality care in a warm and inclusive environment. A wide variety of activities are available, such as, chair yoga, Reiki, art and music therapy, crafts, and out trips. This program provides cognitive and emotional support with structured programming tailored to individual needs. On-site nursing for medication management and care coordination is provided, including assistance with bathing and personal care. Nutritious snacks and a hot noon meal are served daily. This program provides support to the caregivers as participants are nurtured in a supportive environment that caregivers can trust.

Action Plan

Hebrew Senior Care will continue to promote services offered by the Adult Day Center, emphasizing the availability of individualized programming and caregiver respite. Enrollment will continue to be tracked, and participant/family satisfaction will be periodically assessed with associated actions.

Concerns regarding Nursing Shortage

A national healthcare workforce shortage has long been predicted with the retirement of a substantial segment of the registered nurse workforce. “An annual loss of ‘millions of years of nursing experience’ accompanied by a tsunami of retirees who will be needing healthcare services will be occurring simultaneously (Buerhaus et al., 2017)”

Action Plan

The CT Behavioral Health Hospital will seek to grow and develop new academic partnerships with nursing programs. Such partnerships benefit nursing students, healthcare organizations, and patients by improving education, preparing a qualified workforce, and enhancing patient care. Nursing academic partnerships will continue to be tracked, especially clinical hours provided on the behavioral health hospital units.

References

Buerhaus, P. I., Skinner, L. E., Auerbach, D. I., & Staiger, D. O. (2017). State of the Registered Nurse Workforce as a New Era of Health Reform Emerges. *Nursing Economics*, 35(5). 229-237.