## HEBREW SENIOR CARE SENIOR DAY CENTER DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 *10:30 AUDIBLE BOOK CLUB (CR) YOU BE THE JUDGE *1:00 3 WAY HOOPS RELAXING WITH REIKI (CR)	30 CRAFT CLUB: SNOWFLAKES (CR) SMART BOARD FUN *1:00 INSPIRATIONAL THOUGHTS (CR) DARING DARTS	BOTTOM'S UP BOTTOM'S UP MORNING MASSAGES (CR) *1:00 HORSE RACING BRAIN GAMES	6 *10:30 THE DREIDEL GAME (CR) POKENO *1:00 MUSICAL MOVEMENT WITH MARY AUDIBLE BOOK CLUB (CR)	7 *10:30 CARD WORKSHOP (CR) FACT OF FICTION *1:00 RELAXING WITH REIKI (CR)
10 *10:30 <i>MUSICAL</i> BY LEC CONTRACTOR *1:00 THE DREIDEL GAME (CR) WHICH CAME FIRST	11 *10:30 MUSIC APPRECIATION DEBATING THE NEWS (CR) *1:00 RELAXING WITH REIKI (CR) TABLE BOWLING	12 OU *10:30 BRUNCH TRIP TO GOLDEN ROC CAFÉ COMPLETE THE PHRASE *1:00 ARTISTIC EXPRESSION (CR) BINGO	13 CIL MEETING E KNOWS (CR) *1:00 DANCING DOLLS VARIETY SHOW	14 *1 CREATIVE CRAFTS (CR) *1:00 SDC MOVIE PT. 2 BASEBALL DARTS (CR)
17 *10:30 FITNESS DICE (CR) NAME THAT TUNE *1:00 BOTTOMS UP RABBLE (CR)	0:30 EVERY PICTURE TREE CRAFT P *1:00 SPORTS TRIVIA TREE CRAFT PART TWO (CR)	19 *10:30 AUDIBLE BOOK CLUB (CR) SEATWORKS EXCERISE *1:00 AEROBICS FOR THE MIND RELAXING WITH REIKI (CR)	20 BINGO GIFTS FROM THE HEART (CR) *1:00 MUSICAL MOVEMENT WITH MARY SING-A-LONG WITH REBRA (CR)	21 *10:30 LAST MINUTE TOUCHES (CR) CHAIR YOGA *1:00 SPIN THE WHEEL FOR PRIZES SOCIAL
DOMINO FUN (CR) *1:00 BINGO MANICURES (CR)	25 THE SENIOR DAY CENTER IS CLOSED MERRY CHRISTMAS	26 *10:30 FOLLOW THE LEADER HISTORY OF KAWANZZA (CR) *1:00 KAWANZZA CREATIONS (CR) FAMILY FEUD (SB)	27 *10:30 20 QUESTIONS RELAXING WITH REIKI (CR) 1: •0	28 *10:30 STRETCH AND TURR) LEFT RIGHT CENTER *1:00 WHAT WHAT AUDIBLE BOOK CLUB (CR)
31 *10:30 PROMISE NEVER KEPT CREATIVE CRAFTS (CR) *1:00 <i>NEW YEAR'S EVE</i> <i>SOCIAL</i>		PROGRAM CODES: (L)= LIBRARY (CR)= CRAFT ROOM (SYN)= SYNAGOGUE (MPR) Multipurpose Room (GH)=GREEN HOUSE		AUX ROUTINE AST F EVENTS E 12:00 LUNCH 00 SNACK TIME 0 