



# HEBREW HEALTHCARE SENIOR DAY CENTER

## APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> *10:30 JUST SAYING (L) SIMON SAYS: EXERCISE *1:00 TABLE GAMES RELXING WITH REIKI (L)	<b>4</b> *10:30 UNO CARD GAME (CR) HOOP IT UP *1:00 INSPIRATIONAL THOUGHTS (CR) SMARTBOARD FUN	<b>5</b> *10:30 SCRUPPLES DOMINO CHALLENGE (L) *1:00 FUN WITH FITNESS DICE CARD WORKSHOP	<b>6</b> *10:30 COUNCIL MEETING A TO Z : FLOWERS (CR) *1:00 BINGO THE NOSE KNOWS (CR)	<b>7</b> *10:30 KEENAGER BIBLE STUDY (L) SEATWORKS :EXERCISE *1:00 BOTTOMS UP DANCING SCRAVES (L)
<b>10 PASSOVER BEGINS</b> *10:30 MODEL SEDAR WITH RABBI DAN (MPR) CROSSWORD PUZZLES *1:00 PRESS YOUR LUCK HORSERACING (L)	<b>11</b> THE ADULT DAY CENTER IS CLOSED FOR  PASSOVER	<b>12</b> *10:30 MORNING REFLECTIONS (L) LEARNING ABOUT PASSOVER *1:00 STREATCH AND TONE POETRY ON THE PATIO	<b>13 OUT TRIP</b> *10:30 SHOPPING AT THE DOLLAR STORE FAMILY FEUD (SB) *1:00 SCRABBLE (CR) FOLLOW THE LEADER	<b>14</b> ***** THE ADULT DAY CENTER IS CLOSED FOR GOOD FRIDAY *****
<b>17</b> *10:30 KEENAGER BIBLE STUDY (L) DEBATING THE NEWS *1:00 RELAXING WITH REIKI (L) COGNITIVE CHALLENGES	<b>18</b> *10:30 MEMORY MATCH(CR) PUZZLING PUZZLES *1:00 EXPLORING NATURE LIFE EXPERIENCES	<b>19</b> *10:30 MUSICAL ENTERTAINMENT BY TEE TEE SOUL (MPR) *1:00 LADIES CLUB MEN'S CLUB	<b>20</b> *10:30 BOTTOMS UP BAKING BUDDIES (CR) *1:00 GOSPEL SING WITH REBRA BRAIN GAMES (CR)	<b>21 OUT TRIP</b> *10:30 20 QUESTIONS 11:30: LUNCH TRIP TO BUFFETT *1:00 SPRING SOCIAL
<b>24 YOM HASHOAH</b> *10:30 MORNING REFLECTIONS (L) EVERY PICTURE TELLS A STORY *1:00 AFTERNOON MEDITATIONS (L) NATURE WALKS	<b>25</b> *10:30 CREATIVE CRAFTS (CR) HORSE RACING *1:00 BINGO GARDENING (GH)	<b>26</b> *10:30 TONING WITH THERABANDS (L) WHO WANTS TO BE A MILLIONARE *1:00 5 SECOND GAME MUSIC APPRECIATION (L)	<b>27</b> *10:30 REMINISCENCING AND TEA (CR) BLACK JACK *1:00 KNITTING AND CROCETTING (CR) CHAIR YOGA	 *10:30 SDC MOVIE PART 1 PUZZLE BOOK FUN (L) *1:00 SDC MOVIE PART 2 BASKET BALL (L)
	<b>DAILY ROUTINE</b> 8:00 AM SNACK 10:00 CURRENT EVENTS 11:30 EXERCISE 12:00 LUNCH 2:00 PM SNACK ~~~~~ ** Programs are Subject to Change**		~~~~~ <b>PROGRAM CODES:</b> (L)= LIBRARY (CR)= CRAFT ROOM (SYN)= SYNAGOGUE (MPR) Multipurpose Room GREEN HOUSE ~~~~~	

